

COMPARISON OF SENIOR HOUSING OPTIONS IN THE U.S.



INDEPENDENT LIVING

- Physical fitness programs
- Basic housekeeping
- Concierge services
- Social programs & activities
- Supervision & Security
- Access to medical services

Can do all activities of daily life.



ASSISTED LIVING

- Physical fitness programs
- Basic housekeeping
- Concierge services
- Social programs & activities
- Supervision & Security
- Access to medical services

Need assistance with activities of daily life



MEMORY CARE

- Physical fitness programs
- Basic housekeeping
- Concierge services
- Social programs & activities
- Supervision & Security
- Access to medical services

Has cognitive and/or memory disorders.

